

BRITTA Framework

Preparation

Bonding

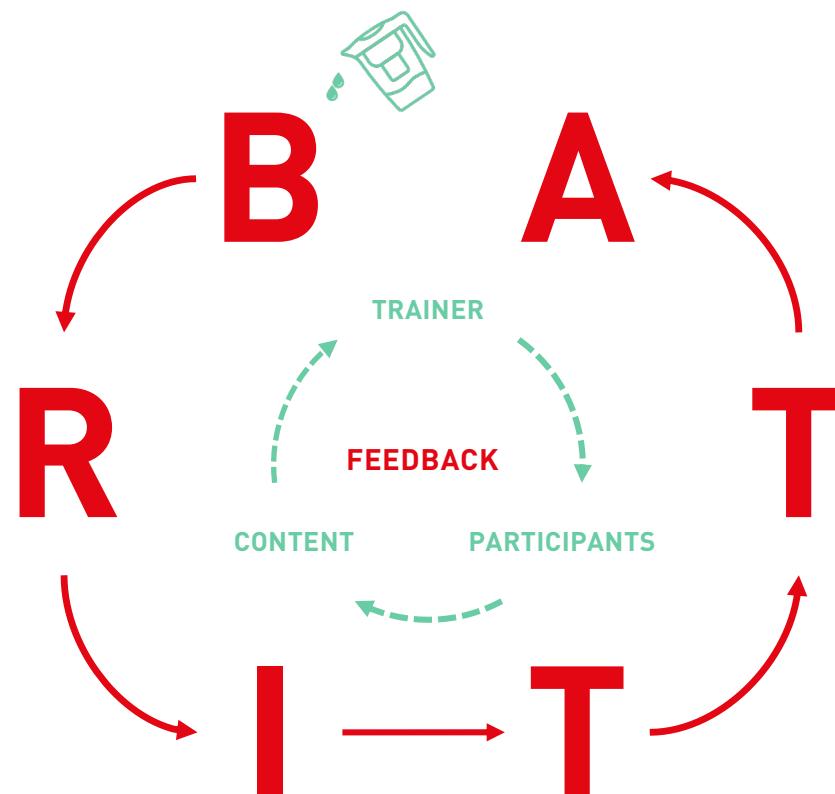
- Get to know each other
- Create transparency
- Engage participation

Relevancy

- Create Motivation
- Define goals
- Give vision

Information

- Present contents
- Explorations
- Develop ideas and solutions



Retro/ Processing

Acknowledgement

- Round off & summarize
- Give and receive feedback
- Say goodbye

Transfer

- Adapt contents to personal context
- Action planning & stimulation
- Make goals concrete

Training (Sequence)

- Test, practise
- Self-experience
- Reflect and repeat